



Regional Talent and Development Forum Overview

Background

Following feedback and discussion around enhancing the communication with regions and providing a more holistic and cost effective delivery for regional and talent development, NNZ believes combining the NZTD and RDF will enhance alignment, understanding and communication around netball and talent development programmes.

Aims

- Apply a 'whole of sport' approach and regional alignment to programme delivery
- Provide great depth of content for NZTD programme focusing in High Performance principles
- Establish strategies for ongoing support of talented players and umpires in their regions

Proposed dates and venues for the clusters:

Each cluster will require a full weekend and to fit all 5 clusters in as well as working in around NCEA exams, clusters would need to be in the October – December timeframe. Also, it would be advantageous for clusters not be scheduled too close to Christmas. NCEA exams are from Nov 15 – Dec 1, so weekends during this timeframe would need to be avoided. Where 2 regions come together, their cluster location will alternate yearly. Venue requirements for this programme will determine the actual location of the forum.

- **Cluster 1:** North, Auckland/Waitakere, Counties Manukau – held in Auckland (Auckland Netball Centre) Oct 16 - 17
- **Cluster 2:** Waikato, BOP – held in Hamilton (St Peters) Oct 30 - 31
- **Cluster 3:** Western, Eastern, Wellington – held in Palmerston North (Manawatu Arena) Nov 6 - 7
- **Cluster 4:** Tasman, Canterbury – held in Christchurch (QE II) Dec 4 - 5
- **Cluster 5:** Otago, Southland – held in Dunedin (Edgar Centre) Dec 11 – 12 (date tbc)

Key Features of the revised combined programme

- There will only be 1 cluster session for each region to be held in the October – December timeframe
- The cluster programme is for 2 days and includes both combined and separate sessions
- Regions will still be required to select their twelve NZTD players and four NZTD (U19) umpires and send these into NNZ by 24 September 2010
- By the end of February 2011, up to 30 players and up to 8 umpires will be named by NNZ ET selectors and the NZTD Umpire Squad coach to attend the NZSS trials to be held in April (tbc).
- The selection of these players and umpires to attend NZSS trials will be based on their performances at regional clusters, 2010 NZAGC (U21, U19 & U17), Regional Secondary School tournaments, NZ SS Finals and fitness testing results.
- If a player or umpire is unable to take part in the cluster due to injury or illness (they may be required to produce a medical certificate) their selection for further involvement will be assessed on previous information on the player or umpire
- Fitness testing (tests tbc) will be required from the players and umpires 6 weeks prior to the clusters and again in February the following year
- Muscle balance assessments will not be required of NZTD players and umpires unless they are selected to attend the NZSS trials
- NNZ will organize and pay for venue and programme costs for all 5 clusters
- Parents / caregivers and coaches of the players and umpires will be invited to attend in addition to Regional Managers and regional development personnel

- Players, umpires, coaches, parents, regional personnel will fund and organize their own travel, accommodation, meals and any additional costs to attend their regional cluster. Regions may wish to assist their selected players and umpires with these costs
- NZTD players and umpires will be required to bring their own lunch and snacks (for both days) and will be given a nutritional checklist to assist with their choices

Programme overview

The following is an overview of the programme content for the 2 days. It also shows where the sessions will run together and also those run separately. Details of session content and presenters are still to be finalized. Please note there will be breaks for lunch, afternoon tea and dinner in the programme.

Day 1: Saturday					
Time	NZTD		RDF		
	Players	Umpires	Parents/Coaches	Coach/Player Dev	Umpire Dev
11am - 3pm	SPORTS SCIENCE Nutrition Strength & Conditioning sessions will be interactive and practical		SPORTS SCIENCE HP principles covering pathways, national initiatives Observation of Nutrition, Strength & Conditioning sessions		
3.30pm - 5.30pm	'IT'S ALL ABOUT ME' A variety of topics relating to HP principles presented in small groups. Parents/caregivers will be included in these			Coach & Player Development	Umpire Development
5.30pm - 6.30pm	DINNER BREAK Players and umpires		SOCIAL HOUR Guest speakers Coach & umpire interaction		
6.30 - 8.30pm	Individual profiling of NZTD players and umpires to be conducted by NNZ, coaches & NZUP – 15 mins each				Umpire Development Regional Panels

Day 2: Sunday					
Time	NZTD		RDF		
	Players	Umpires	Parents/Coaches	Coach/Player Dev	Umpire Dev
9.00am	SPORTS SCIENCE Off Season training ideas Intensity session Agility development		SPORTS SCIENCE Observations of players and umpires session Key principles for regional programmes HP programme recap		
11.00am - 12 noon	TECHNICAL SESSION Attacking and defending Key principles for player and umpires		TECHNICAL SESSION Observation & worksheets		
12 – 1.00pm	LUNCH BREAK NZTD players & umpires to complete self reflection chart				
1.00pm - 3.30pm	TRIAL GAMES NZTD players and umpires		TRIAL GAMES Works sheets for coaches of players & umpires		
3.30pm - 4.00pm	EVALUATION AND DEPART				



NETBALL NEW ZEALAND
Pōitara-whiti Aotearoa

NZTD PLAYER & UMPIRE PROGRAMME TIMELINE 2010 - 2011

DATE	ACTIVITY
2010 JULY - OCTOBER	NNZ TALENT IDENTIFICATION NNZ Emerging Talent Selectors, NZTD Umpire Coach and NZ Umpire Panel observe performances of young players and umpires at various events. <ul style="list-style-type: none"> • NZAGC U21, U19, U17 • Regional Secondary Schools tournaments • NZSS Finals • LFNC
SEPTEMBER	REGIONS TO SELECT <ul style="list-style-type: none"> • 12 Talented players (15 – 17 year olds. However regions may wish to include players who may be in their last year of school- late developers), 4 Shooters, 4 Middies & 4 Defence • 4 Umpires (U19) with regional theory minimum qualification <p>Send names to NNZ by 24 SEPT 2010</p>
OCTOBER - DECEMBER	NNZ TALENT & DEVELOPMENT FORUM CLUSTERS <ul style="list-style-type: none"> • Beep / Yo Yo test completed 6 weeks prior to cluster • Results to be sent NNZ following the testing • Selected players and umpires attend cluster forum
DECEMBER 2011 FEBRUARY	REGIONAL MONITORING & DEVELOPMENT <ul style="list-style-type: none"> • Players and umpires will have strength and conditioning programmes (IPPS) from NZTD clusters which they will be able to integrate with Regional HP programmes • Regions to fitness test and send results to NNZ by 4 February
END OF FEBRUARY	TRIALISTS NAMED <ul style="list-style-type: none"> • NNZ to name up to 30 players and up to 8 umpires to attend NZSS trials • The named players and umpires complete muscle balance assessments prior to trials
26 – 29 APRIL (tbc)	NZSS TRIALS <ul style="list-style-type: none"> • 2 day trials for players and umpires • Venue tbc
20 - 22 MAY (tbc)	NZSS CAMP <ul style="list-style-type: none"> • 2 day camp • Venue tbc
30 MAY – 2 JUNE (tbc)	TRANS TASMAN SCHOOL NETBALL CHALLENGE