

MARCH 2008

Looking for coaches

Do you feel like you are going round in circles looking for coaches? You probably are but sometimes on the second time round you strike it lucky. The person you ask may have had time to think about it and consider their availability.

Remember that many people now are programming in that they must say NO to things and so often don't even stop to think if they could do the job.

Try again after a short time and offer something different. You never know you might strike it lucky. If you asked them last year and they said they were too busy don't assume the answer will be the same again this year. Try them.



WHO can you ask to coach?

- Ask all current players if they have an aunt, sister, mother, friend, father who might be interested
- Look through old team photos, school magazines, annual reports for names of people who might be worth asking
- Have an "Open" night at the club and help people find out more about the club before committing to coaching
- Have a coaches evening and get everyone already coaching to bring someone who isn't. Make it fun.



WHAT can you offer coaches?

WIN

Talking of being lucky have you thought of offering all people who agree to coach a team in your club this year the chance to WIN something? It could be a prize pack of resources from Sports Distributors, or maybe a weekend for two in another city.

FREE

Offer coaches something FREE—club membership, dinner for two at a local restaurant; child care for training nights or tickets to an ANZ Championship game near you, tea/coffee at the courts. Everyone loves getting something FREE



SUPPORT

If you tell your coaches you will support them in their coaching this year then remember to do that.

Let them know when Coach Development workshops are on in your area, pay for their registration, assist with travel costs.

Check with them regularly throughout the season to see if they need anything.

Your Club could have a coach Liaison person responsible for contacting the coaches and discussing their requirements.

If you are senior coach in your club make contact with other coaches and offer encouragement.

Remember how you felt when you first started out. Let them know someone cares!

Give them copies of your training sessions if you think they are appropriate for their teams.

Have coaches evenings where you share ideas.

Whatever you do may seem insignificant but it is most important that you do it. M Gandhi

Cross Pollenisation

The Silver Fern's joined with Football Ferns (NZ Woman's Soccer team) for a combined conditioning session at their recent camp in Auckland

Each team's conditioner alternated leading parts of the 1.5-hour session.

There was an obvious size difference between the two codes with the Silver Ferns noticeably taller than their football counterparts.

Both teams enjoyed the opportunity to work together, learn from each other as well as taking part in some healthy competition.

CoachForce encourages coaches to take the opportunity for 'cross pollenisation' with other codes for both the benefit of players as well as coaches

CoachForce Role Lower South Island

Netball New Zealand is the National Sports Organisation which manages and administers netball throughout the country. Netball New Zealand is looking to find a suitable candidate to fill the vacant CoachForce role which runs the CoachForce programme for the Lower South Island. This initiative is run with the support of New Zealand Community Trust and is one of the key initiatives that Netball New Zealand manages.

The key requirements around this role are:

That the person can support the development and implementation of Netball New Zealand's Coach Development Strategy

That the person has solid background in coaching.

Exceptional organisational skills with the ability to get co-operation from all stakeholder groups and personnel.

The ability to take responsibility and make things happen.

This role is **Otago/Southland based** and is for a full-time position with a requirement for travel and the ability to work evenings and weekends when necessary. This position reports to the Coach Development Manager.

If you are interested in this role in the first instance please send your CV and completed job application to Leigh Gibbs at Netball New Zealand, PO Box 99710, Newmarket, AUCKLAND or on the email address listed below.

Applications close on Monday 31 March 2008.

Application forms available from Regional Offices

leighg@netballnz.co.nz

National Selectors



A recent review of the National Selection Panel structure and commitments has resulted in the formation of 2 National Selection Panels. The first panel will concentrate on the Silver Ferns and NZA level while the second will focus on the identification of emerging talent. Applications are now being called for selectors for both panels with up to 3 selectors to be appointed. Applications to be received by NNZ by Monday 24 March.

Application forms and Job descriptions are available from Regional Offices.

Hi there, my company are looking for about 80 rugby/netball coaches to come to the UK this summer to run summer camps for British kids
jamesphillips@socioussports.com

CoachForce Consultant

NNZ recently reviewed the needs of a CoachForce position in the Lower South Island and decided it is advantageous for this position to be a full-time role that will be supported by the New Zealand Community Trust.

As the new ANZ championships coach of Steel as well as part time teaching, Robyn Broughton has had a change of role within NNZ's CoachForce programme. In order to retain her great experience and skills, Robyn will be contracted as a CoachForce consultant and will be involved in a range of coach development activities throughout the year.

NNZ would like to thank Robyn for her services over the last two and a half years and believe her efforts have allowed NNZ to be able to get the current position of requiring a full-time CoachForce person. Please see the advertisement in the newsletter.

NZ Under 21 Assistant Coach appointed

Over the last 12 – 18 months NNZ has provided the opportunity for selected coaches to be involved in the NZ U21 World Youth Cup campaign by assisting Head Coach Yvette McCausland-Durie at various training camps and events. Following consideration of all the applications for these positions, NNZ has appointed Janine Southby from Otago as the NZ U21 Assistant coach to assist Yvette through to the 2009 World Youth Championships.

NNZ thanks all applicants very much for your interest and contribution to the NZ U21 programme.



Samoans Trained

Following last year's successful visit to Samoa NNZ CoachForce's Ivy Topping and Dianne McTigue returned in February to do more work with the coaches.

Included in this visit was a training workshop for Facilitators.

Fifteen coaches were trained and will now be able to run workshops in villages and schools for other coaches.

This SPARC initiative has proven popular in Samoa with the coaches asking for more each time.

On the next visit Ivy and Dianne will be working with Samoa Netball on writing their own Coach Development Framework

Hoki Toki

Coaches in Samoa were asked to come up with a "routine", based on their local natural rhythm, they could use to help their players learn about pivoting.

Their responses were awesome ranging from the Hoki Toki to a made up Samoan 'song' with movement, clapping and eventually passing a ball..

In typical Samoan fashion there was much laughter as they demonstrated their new coaching methods!

The Panel



An interesting "Think Tank" was assembled at Canterbury Netball's Annual Summer Camp in January where players and coaches were able to ask the "experts" questions.

On the panel were: Andrew Jarvie—NZ Men's player & Canterbury Netball Coach, Angela Mitchell—former Silver Fern, Anna Galvan—former silver Fern, Leigh Neilson— Canterbury player, Sian Clancy—Age group Coach and Bachelor of Sports Coaching student, Sally Parsons—Canterbury Academy, Kate Johnston—Canterbury U21

Applications for the positions of Observer Coaches at NZ Secondary Schools Trials to be held in Palmerston North April 21 - 24. 2008 are being called for now
Preference will be given to coaches coaching at SS level, U.19 or U 21 and with a NNZ Level 2 Coaching Award
Application Forms available from
ivyf@netballnz.co.nz



Working on the Wing

Presenter: Margaret Foster / Adine Wilson

North	2-Apr-08	Massey University
Auckland/Waitakere	1-Apr -08	Auckland Netball Centre
Counties Manukau	18-Mar-08	Alfriston College
BOP	15-Apr-08	Rotorua Girls High
Eastern	16-Apr-08	Pettigrew Green Arena
Western	10-Apr-08	Wanganui Collegiate Gym
Wellington	16th March	Wellington East Girls High School

UP STEPPING

Is a workshop for coaches of Regional U19, U21, NZ Champs, Lois Muir Challenge Teams.

April 11-13, Christchurch.

Registration forms are available from Regional Offices and close March 31.



COACH DEVELOPMENT FRAMEWORK

Modules from the Coach Development Framework are being delivered at the following locations on these dates. If you wish to find out more about times, cost etc please contact the CoachForce person listed. If you wish to arrange for delivery of a Module in your Region or Centre contact your CoachForce person

MODULE	LOCATION	CONTACT
Player Centred Coaching	Dunedin 14 March Ashburton 17 March Christchurch 28 March Tauranga 14 March Palmerston North 28 March Wanganui 5 May Gisborne 17 May	diannem@netballnz.co.nz diannem@netballnz.co.nz diannem@netballnz.co.nz ivyt@netballnz.co.nz ivyt@netballnz.co.nz ivyt@netballnz.co.nz
Develop Your Coaching - Planning, Skill Analysis, Attack	Dunedin 15 March Christchurch 29 March Ashburton 6 April Tauranga 15 March Palmerston North 29 March Napier 5-6 April	diannem@netballnz.co.nz diannem@netballnz.co.nz diannem@netballnz.co.nz ivyt@netballnz.co.nz ivyt@netballnz.co.nz ivyt@netballnz.co.nz
Team Building	Lincoln 7 April Ashburton 15 April Christchurch 14 May	diannem@netballnz.co.nz diannem@netballnz.co.nz diannem@netballnz.co.nz

DRIVING AND DROPPING from On Attack (available from Sports Distributors)

Equipment	Teaching Points
Chalk/tape to draw circles 1 ball 2 sets of bibs or bands	SBP Small steps Pump arms to increase speed

1. Game: Double Circle

P starts with the ball (Injured player/spare)

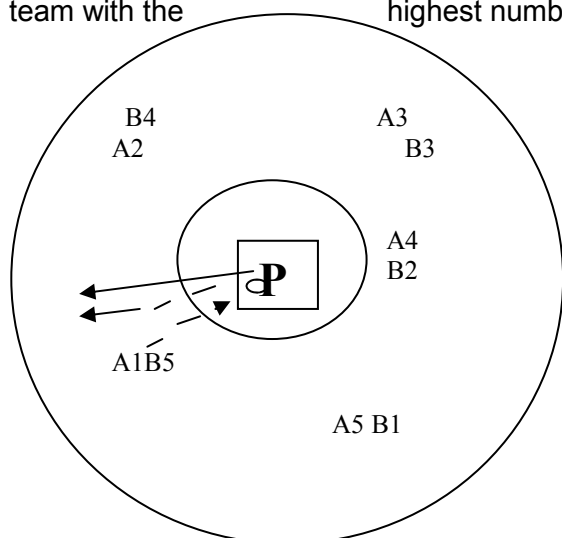
A1 drives into the inner circle and back out to receive it

A1 passes back to P and A2 does the same. Once a ball is intercepted or there is a turn over, the B team continue but they go anticlockwise around the circle

1 point for each consecutive pass from P

Play for a specified time (2 – 3 minutes initially)

The team with the highest number of consecutive passes is the winner



Modifications

1. Add an extra defender who may go anywhere
 2. Add an outer ring and players may not go beyond it to receive a pass
- Add an extra P and ball so that attackers must time their runs

Sample Questions

1. How do you make it easy for P to read the space to give you the pass?
2. How can you make sure you are free at the appropriate time?